



# PERSONAL GOAL WORKSHEET

## OVERALL GOAL

Think BIG? Where do you see yourself in 2025?

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## END OF THE YEAR GOAL!

Where do you see yourself by the end of 2020?

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### PERSONAL

What are 3 personal goals you are ready to ACHIEVE?

*What action steps can you take?*

1. \_\_\_\_\_
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
2. \_\_\_\_\_
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
3. \_\_\_\_\_
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_

### RESULTS

What will the RESULT be by achieving these goals?

[By ACHIEVING \_\_\_\_\_ I will \_\_\_\_\_]

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### SHORT-TERM TANGIBLE GOALS (finish strong)

What 3 things can you do in the next 90 days that WILL help you see that you CAN make progress?

1. 90 days \_\_\_\_\_
2. 60 days \_\_\_\_\_
3. 30 days \_\_\_\_\_

### RECURRING ACTIONS – create habits!

These are items you can do daily/weekly. All work toward your overall GOAL! How many times?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

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# PROFESSIONAL GOAL WORKSHEET

## OVERALL GOAL

Think BIG? What is your BIG VISION for your business 2025?

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### END OF THE YEAR GOAL!

Where do you see your company by the end of 2020?

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#### PROFESSIONAL

What are 3 professional goals you are ready to ACHIEVE?

*What action steps can you take?*

1. \_\_\_\_\_
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
2. \_\_\_\_\_
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
3. \_\_\_\_\_
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_

#### RESULTS

What will the RESULT be by achieving these goals?

[By ACHIEVING \_\_\_\_\_ I will \_\_\_\_\_]

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

#### SHORT-TERM TANGIBLE GOALS (finish strong)

What 3 things can you do in the next 90 days that WILL  
All work toward your overall GOAL!

- 90 days \_\_\_\_\_  
60 days \_\_\_\_\_  
30 days \_\_\_\_\_

#### RECURRING ACTIONS – create habits

These are items you can do daily/weekly.

How many times?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

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